

# 2009 Tennessee Gymnastics Optional State Championships

It is with great pride, pleasure, and honor that Tennessee Academy of Gymnastics has been selected to host the 2009 Women's Optional State Championships! Tennessee Gymnastics has had a long history of producing many of Region 8's finest gymnasts, many going on to represent their state at regional championships, and their state and region at Level 9 Eastern National Championships and Level 10 Junior Olympic National Championships, with many going on to compete in college and even a few have tested the waters at the elite level. This event will not only serve as the first step towards this year's post-season, but also a celebration of Tennessee's champions as well as induct a new member to the Tennessee Pioneer Hall of Fame!

## The Venue

The 36,000 square feet, beautiful and spacious Chattanooga Convention Center will be the site of Tennessee's Optional State Championships.

## The Equipment

Midwest Gym Supply is the official equipment provider for the Optional State Championships. The site will feature two full sets of women's equipment (including two, full size 45' x 45' spring floors!).

## The Format

The women will compete using the non-traditional Capitol Cup format, competing on the same apparatus that they use for warm up.

## The FUN!!

As mentioned above, Saturday evening will feature the first 'Tennessee Gymnastics Athlete Recognition Reception'. This unique event will combine recognition of graduating seniors and recognize this year's induction of the Tennessee Hall of Fame. Following the festivities, rock the night away with a social, featuring snacks and live DJ.

2009 Tennessee Gymnastics  
Optional State Championships  
March 27-29, 2009

- Host: Tennessee Academy of Gymnastics and the TAG Booster Club  
2501 Riverside Dr., Chattanooga, TN 37406  
(423)697-1TAG(1824) phone  
(423)697-9824 fax  
[www.taggym.com](http://www.taggym.com)
- Meet Director: Larry Denham  
[larrydenham@comcast.net](mailto:larrydenham@comcast.net)
- Meet Site: Chattanooga Convention Center  
One Carter Plaza  
Chattanooga, TN 37402  
[www.Chattconvention.org](http://www.Chattconvention.org)  
Wanna know more about Chattanooga? Visit [www.discoversceniccity.com](http://www.discoversceniccity.com) !
- Entry Fees: \$80 per athlete  
\$50 per team
- Entry Deadlines: received by Saturday, February 28<sup>th</sup>, 2009
- Entry Procedure: All entries will be submitted electronically through Larry Corrigan at [CegcCoach1@cs.com](mailto:CegcCoach1@cs.com)  
Be sure that he has your current athlete info with qualifying scores.  
Mail hardcopy of entry with entry fee (one company check), as well as senior biographies and T-shirt pre-order, to TAG  
***NO FAXES – NO EXCEPTIONS!!***
- Late Entries: Late entries will only be accepted pending approval by the State Chair. All late entries will be **charged \$25 per athlete**. This late fee will be strictly enforced. The best plan is to get your entry in early!
- Format: Non-traditional Capitol Cup (A/B equipment) 2-full Floors!
- Equipment: Midwest Gym Supply is the official equipment supplier for the 2006 Combined State Championships.
- Scoring: ‘Meet Control’ featuring ProScore electronic scoring will be used for both the men and the women’s competitions.
- Awards: As per rules and policies, ‘A1’ state meet medals will be used for events and All Around to 50% per age group. Team awards will feature commemorative banners.
- Coaches’ Hospitality: This year we are experimenting with vouchers for coaches’ hospitality. It is imperative that all attending coaches are listed on the enclosed entry/order form. Vouchers will be based upon number of registered coaches and expected sessions.
- Special Events: Make plans to attend the “Tennessee Gymnastics Athlete Recognition Reception” following Sat. evening competition. All graduating seniors will be recognized (more info inside).

2009 Tennessee Gymnastics  
Optional State Championships

**Host Hotels**

**Downtown Hotels:**

**Chattanooga Courtyard by Marriott:** TAG Gymnastics room block (20 rooms)

Rate: \$149.00

(423) 755-0871

**Staybridge Suites:** TAG Gymnastics room block (40 rooms)

Rate: \$129.00

1300 Carter Street, Chattanooga, TN 37402

(423) 267-0900

Complimentary parking, complimentary breakfast, indoor pool and whirlpool located directly across the street from the Chattanooga Convention Center.

**DoubleTree Hotel:**

Rate: \$110.00 (42 rooms)

407 Chestnut St.

423-756-5150

**Hilton Garden Inn:**

rate: \$109 Dbles. \$129 Suites (29 rooms)

311 Chestnut St.

423-308-9000

**Holiday Inn Choo Choo:**

Rate: \$99.00 (15 rooms)

1400 Market Street

423-266-5000

**LaQuinta Inn DT:**

Rate: \$89/99 (40 rooms)

100 W. 21<sup>st</sup> St.

423-265-3151

**Days Inn Rivergate:**

Rate: \$72.00 (25 rooms)

901 Carter Street

423-266-7331

**Days Inn 20<sup>th</sup> Street:**

Rate: \$53.99 (60 rooms)

101 E. 20<sup>th</sup> St.

423-267-9761

Other Hotels Serving the State Championships:

**Comfort Inn Conference Ctr.**

\$72.95/82.95 (50 rooms)

Exit #1, I-75

423-893-7979

**Motel 6**

\$39.95 (30 rooms)

Exit #1, I-75

423-894-1417

**Country Inn & Suites**

\$89.95 (10 rooms)

Exit 174, I-24

423-825-6100

**Comfort Inn Hixson**

\$75.99 (18 rooms)

Hwy. 153, Hixson

423-877-8388

## ***Downtown Dining***

### **Friday's**

2 Broad Street  
423.752.8443

### **Mello Mushroom – Pizza Bakers**

205 Broad Street  
423.266.5564

### **Big River Grill**

222 Broad Street  
423.267.2739

### **Sticky Fingers – Ribs**

420 Broad  
423.265.7427

### **Cancun – Mexican**

1809 Broad Street  
423.266.1461

### **Sekisui – Japanese & Sushi**

200 Market Street  
423.267.4600

### **Chili's**

408 Market Street  
423.265-1511

### **Qdoba**

414 Market  
423.756.4777

### **Panera Bread**

417 Market  
423.266.2253

### **Taco Mac**

423 Market  
423.267.8226

### **Porker's BBQ**

1251 Market  
423.267.2726

### **South Side Grill – Fine Dining**

Cowart & 14<sup>th</sup>  
423.266.6511

### **212 Market – Elegant Casual**

212 Market  
423.265.1212

**Pre-Order your  
2009 Tennessee Gymnastics  
Optional State Championships  
commemorative T-shirt  
and *SAVE!!***



***\$16 for short sleeve***

***\$19 for long sleeve***

**There will only be short sleeve available at the meet site at a cost of \$20, so pre-order your shirts today! (clubs: use the attached entry form to pre-order your shirts as a team! One club check for the total amount of purchase, please!)**

**Pre-order discount only available until Saturday, March 14<sup>th</sup>, so place your order today!**

# **Extremely Tentative, and not at all final, Competition Schedule**

(Final schedule will post after ALL entries are received.)

**DO NOT MAKE TRAVEL PLANS BASED UPON THIS SCHEDULE!!**

**Friday, March 27<sup>th</sup>, 2009**

Session 1	PREP OP
9:00 – 9:20	General Stretch
9:35 – 12:05	Competition
12:05	Awards
Session 2	PREP OP
12:30 – 12:50	General Stretch
1:05 – 3:50	Competition
3:50	Awards
Session 3	PREP OP
4:00 – 4:20	General Stretch
4:35 – 7:15	competition
7:15	Awards

**Saturday, March 28<sup>th</sup>, 2009**

Session 4	Level 8
8:00 – 8:20	General Stretch
8:45 – 11:25	Competition
11:25	Awards (events and All Around)
Session 5	Level 8
11:30 – 11:50	General Stretch
12:15 – 2:55	Competition
2:55	Awards (events, AA, L8 team)
Session 6	Level 10
3:00 – 3:20	General Stretch
3:45 – 5:40	Competition
5:40	Awards (events, AA, L9 team)
Session 7	Level 9
5:45 – 6:05	General Stretch
6:30 – 9:10	Competition
9:10	Awards (events, AA, team)

**Approx. 9:30 (following level 9 awards) Athlete Recognition Reception**

**Sunday, March 29<sup>th</sup>, 2009**

Session 7	Level 7
9:00 – 9:20	General Stretch
9:40 – 11:40	Competition
11:40	Awards (events, AA)
Session 8	Level 7
12:00 – 12:20	General Stretch
12:40 – 2:40	Competition
2:40	Awards (events, AA, team)

# The 2009 Tennessee Gymnastics Athlete Recognition Reception

Following competition Saturday evening (:30 following Level 9 women's awards), be sure to make plans to attend the Tennessee Gymnastics Athlete Recognition Reception, located in banquet rooms 13, 14, & 15 of the Chattanooga Convention Center.

At this reception, Graduating Seniors and Outstanding Contributors to Tennessee Gymnastics will be recognized and honored in an event made especially for them!

**Graduating Seniors** –All graduating seniors will be honored in a reception designed just for them. This reception highlights our most dedicated athletes in a reception worthy of their contribution, hard work and sacrifice.

**Tennessee Pioneer Induction Ceremony!** – We will conclude the formal segment of the reception with a special presentation and induction of our 2009 Tennessee Pioneer Hall of Fame representative.

**LIVE DJ!** – Following the presentation of athletes, all are invited to stick around as a live DJ will be on hand to rock the house till late into the night. There will also be refreshments and snacks on hand to help fuel the party!

***DON'T YOU DARE MISS IT!***

# 2009 Tennessee Gymnastics Women's Optional State Championships Commemorative Souvenir Program

The very best way to take the 2009 Tennessee Gymnastics Women's Optional State Championships memories home with you will be with the official commemorative program. Inside the program you'll find biographies of all of Tennessee's graduating seniors, start lists for each session, score sheets, and most importantly, congratulatory and well wishes from the athletes, coaches and judges!

Don't miss your chance to be a part of history with a team ad, personal ad, or a brief "good luck" to your favorite gymnasts and teams!

## Program Ad Rates

**Full page \$75**

**½ page \$50**

**¼ page \$35**

**1/8 page \$25**

***one liner only \$10!***

Return all ads and camera-ready artwork to Patty Humphries at: [taggymnastics@comcast.net](mailto:taggymnastics@comcast.net)

**ALL ADS, COMPLETE WITH CAMERA READY ARTWORK ARE  
DUE ELECTRONICALLY NO LATER THAN Friday, March 6th!  
(NO SNAIL MAIL ADS, PLEASE!!)**

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## Senior Biographies

In order to make the program special for all, it is imperative that all senior bios, with a bust shot, be returned to [taggymnastics@comcast.net](mailto:taggymnastics@comcast.net) no later than March 6<sup>th</sup>! Please include the following information:

Name: \_\_\_\_\_ Level: \_\_\_\_\_ Birthday: \_\_\_\_\_

Gym Club: \_\_\_\_\_ High School: \_\_\_\_\_

Est. GPA: \_\_\_\_\_ College Plans: \_\_\_\_\_

Expected Field of Study(optional): \_\_\_\_\_

Hobbies: \_\_\_\_\_ Favorite Event: \_\_\_\_\_

Favorite Gymnastics Memory: \_\_\_\_\_

Thoughts you'd like to leave for your teammates, coaches and fellow athletes: \_\_\_\_\_

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# The Chattanooga Convention Center



Competition will be held in Exhibit Hall "A".

The Athlete Recognition Reception will be held in Banquet Rooms 13, 14, & 15" (circled)

The Marriott Hotel is connected to the Convention Center.

(booked solid)

Staybridge Suites is located across the street South of Exhibit Hall "A"

(to the right of drawing, not pictured)

