



TENNESSEE STATE NEWSLETTER

November 2010

www.tnusag.org

Tennessee State Committee for Women's Gymnastics

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State Meet Bids

The SACC is currently accepting Bids for the 2011-2012 Optional state meet. If interested in **bidding** for this meet, submit a request for a meet bid packet to CegcCoach1@cs.com. Bids will be accepted through Feb 15th 2011.

Tennessee Website

Please continue to check www.tnusaq.org on a regular basis for important information on the happenings in the State. The 2010-2011 TN Prep Op rules are posted on the website as well as the 2010-2011 State Calendar and the 2010-2011 JO update. If you have additions or alterations to the Tennessee State Calendar or to the Tennessee Club Listing please email Larry Corrigan @ CegcCoach1@cs.com.

6th Annual TN Optional "Hands On" Training Clinic

Flip Fest Gymnastics Camp at Lake Francis is again hosting the TN State "Hands On" Optional Training Camp. Focus of the camp is on advancing the knowledge base and spotting skills of Tennessee's optional coaches through sharing of ideas and techniques while providing a "Mini Camp experience for our athletes at a premier training facility. Clinic is open to all Coaches / Judges (counts for CPE hours!!) and all optional gymnasts. Plan to keep August 20-20 , 2011 open on your calendars and watch your e-mail for more details.

JO Update

Download the 2010-2011 JO update from the TN website. There are important changes to the Optional program for this year.

JO Program Fund Fees

Yearly JO program fund fees of \$15.00 per registered Competitive Gymnast (Level 3-10 and all PO) are due to the TN-SACC office - C/O CEGC, 3059 Ashland City Rd., Clarksville, TN 37043, postmarked no later than 31 August 2008. As per the TN SAC there will be a **\$100.00** fine for all late JO program fund fees.

Meet Directors

Tennessee Meet Directors are reminded to follow the guidelines listed below after each USAG sanctioned competition, **all required information is due not later than one week after meet is concluded and mailed to TN-SACC C/O CEGC, 3059 Ashland City Rd., Clarksville TN. 37043.**

- 1. Regional Apparel Fee for Meets Held in Tennessee – A Regional Apparel Fee of \$2.00 per gymnast that competed in the meet must be sent to TN –SACC. Make check payable to TN-SACC.*
- 2. Sanction Report Form – The form must be signed by the meet director and have an accurate count of the number of competitors.*

3. Meet Results – The results must include: the name and date of the meet, the meet director's name and phone number, the gymnasts' name, level, USAG #, and All-around score. **Please email the results to CegcCoach1@cs.com (MS Excel) following your meet. No Faxes or hard copies. If MEET CONTROL SCORES YOUR EVENT YOU DO NOT NEED TO SUBMIT RESULTS...(I still need items one and two above)**

Compulsory State Meet Information

- Compulsory State Meet date is Dec, 10-11, 2010, and will be held at the NASHVILLE CONVENTION CENTER in Nashville Tn.
- ALL ENTRIES TO STATE MEET MUST BE MADE ONLINE AT THE STATE WEBSITE – WWW.TNUSAG.ORG

To enter: Go to home page / State Meet Entry Form

Click on Compulsory State Meet, and you will see an extensive instruction sheet.
READ ALL OF IT.

This form is an excel workbook with **two work sheets** at the bottom. The first sheet is the entry form and the second sheet is the auto-generated invoice.

At the top of the "Entry Form" it should show your clubs information, **PLEASE** check this thoroughly and make sure all is correct. If any information is incorrect, please correct and place an X in the cell below marked to signify there has a been a change.

This information being updated and correct is crucial in allowing the State the ability to contact its membership. Since most information is sent through email, please make sure the email address used is one that is checked and used by a club official.

The Entry Form is pre-populated with all of your Athletes' that have qualified for the compulsory state meet. If you have a gymnast that is not attending that appears in the list, simply delete her from the list. If you have a gymnast that does not appear in the list please add her to the list and include in the email explaining your addition and what meet she qualified at so the information can be verified.

Double check the all gymnasts' name spellings and birthdays!!!

The entry form is also pre-populated with coaches. **Please delete coaches not attending** and/or add coaches that will be attending or might attend. **All information should be filed out.**

**ALL COACHES ATTENDING MUST HAVE VALID USA GYMNASTICS CREDENTIALS!
YOU SHOULD CHECK THE USA-GYMNASTICS WEBSITE TO VERIFY YOUR COACH SHOWS VALID MEMBERSHIP.**

After you have completed the form go to the invoice page. The only thing that is changeable on the invoice page is the indicator for team entry. The team entry fee is \$50 and eligibility is as follows:

- **L3 and L6 three scores count**
- **L4 through L6 four scores count**

If you want to enter team type yes in the team entry column in the row for the appropriate levels.

After you have completed the entry form please email it to thomas@meetcontrol.biz and CegcCoach1@cs.com and submit payment to:

TN-SACC

c/o CEGC

3059 Ashland City Rd

Clarksville, TN 37043-2610

Please contact Larry via email or on his cell - (931) 206-6054 - if you have any questions.

- Entry fee for Compulsory State Meet is \$92.00. make check payable to TN-SACC
- Team entry is \$50.00
- As per the TN-SAC the Compulsory State meet will be divided into flights again this year. The cut offs will be determined by scores reported to meet control by TN meet directors. Please do not call with questions about the "cut off" as they will not be answered.
- Awards at Compulsory State Meet will be presented to 50% of gymnasts in all sessions. 100% of Level 3 teams will receive trophies and 100% of L3 gymnasts will receive AA medals.
- All gymnasts will receive an AA trophy
- Four scores will count for L4 & 5 team competition. Three scores for L3 and L6.
- The date the schedule is posted will depend on when clubs log on and confirm their rosters. When the schedule is ready it will be posted on the web site as well as be emailed to all clubs. Please do not call asking for schedule information as if it is not posted / been emailed to you it is not available yet.

Optional State Meet Information

- Optional State Meet date is March 25-27, 2010, and will also be held at the NASHVILLE CONVENTION CENTER in Nashville Tn.

- The entry fee for Optional State Meet will be set at \$98.00.
 - ALL ENTRIES TO THE OPTIONAL/ PO STATE MEET WILL BE MADE IN A SIMILAR MANNER AS THE COMPULSORY STATE MEET WITH THE EXCEPTION OF CONFIRMING/ ENTERING QUALIFICATION SCORES FOR LEVEL 7'S AND ABOVE ON YOUR ROSTER.
 - CHECKS ARE TO BE MADE PAYABLE TO:
Tennessee Competitions and should be sent to

Tennessee Competitions
242 West Main St
PMB 108
Hendersonville, Tn 37075

Prep Optional Rules

- The rules for this season have been finalized and are posted on the Tennessee State Website at www.tnusak.org.

General Rules for the 2010-2011 Year

- JO Fund Fees will be \$15 per gymnast and must be postmarked by August 31st. You may use the state meet entry form that can be downloaded from the Tennessee website at www.tnusak.org to record JO funds. Make check payable to TN-SACC and mail to TN-SACC C/O CEGC 3059 Ashland City Rd. Clarksville TN. 37043. All fees postmarked after August 31st, will incur a \$100 late fee.
- State Meet Admission Fees
\$10 for Adults ages 13 & up; \$5 for Children ages 6-12; Age 5 & under Free
- Team Divisions for Compulsory State Meet
Level 4 & 5 - top 4 scores
Level 3 and L6 -10 - top 3 scores
- State Meet Judges
A 2 judge panel will be used for Compulsory State Meet. A 4 judge panel will be used for optional and PO.
- **Declaration Dates, Qualification Dates and State Meet Entry Dates**
All declaration dates will be 4 weeks prior to State Meet
Friday, November 12, 2010 for Compulsories
Friday, Feb 25, 2008 for Optionals / PO

All Qualification dates will be 2 weeks prior to the State Meet
Sunday November 28, 2010 for Compulsories

Sunday, March 13, 2010 for Optionals

All State Meet Entry dates will be 4 weeks prior to the State Meet
Friday, November 12, 2010 for Compulsories
Friday, Feb 25, 2008 for Optionals / PO
(Meet fees due at this time)

All requests for late entries must be sent to and approved by the SACC. Requests must include a check for the **entry fee plus a 25.00 per gymnast** late fee made out to the TN-SACC.

- All gymnasts that fail to qualify for the State Meet are guaranteed a full refund of the State Meet entry fee.
- Out of State Meet Scores
 - Are the responsibility of the individual coaches and must be submitted to the SACC at CegcCoach1@cs.com.
 - Are due to the SACC 4 weeks prior to the State Meet, with the exception of those meets held within 4 weeks of the State Meet
 - Are charged a \$25 late fee per gymnast if the scores are submitted late.
- State Meet Qualification Scores
 - Level 4, Prep Opt- Compete All Around in one TN sanctioned meet
 - Level 5 - 28.00 AA
 - Level 6,7&8 - 30.00 AA
 - Level 9&10 - 32.00 AA
- State meet entry fees are \$92.00 for compulsory, \$98.00 for Prep Op / Optional.
- Tennessee meet directors must give Level 4 and below achievement ribbons at all sanctioned USAG events.